

Extra Missions

Mission Pack #1 · from the Focus Bureau

Agent, you finished your first adventure. Nice work. But the Brain Bandits never give up completely. That's why we're sending you new secret missions.

Do them at your own pace. Every mission earns XP, and you can repeat a mission as often as you like: every time counts again. Collect XP and climb the ranks. Print this pack as often as you like.

★ Your Ranks

The more XP you collect with these missions, the higher your rank. Check off each rank you reach.

	Rank	XP needed	Reached
★	Recruit	0 XP (you start here)	☐
★★	Agent	40 XP	☐
★★★	Special Agent	90 XP	☐
★★★★	Master Agent	150 XP	☐

🕒 Focus Missions (in real life)

🕒 Operation Clear Desk

Goal: Clear your whole workspace except for one thing. Then work for 15 minutes without getting up.

Reward: +15 XP

Level up: Did it work? Stretch it to 20 minutes next time.

🕒 The Sneak Start

Goal: Pick your most annoying chore. Do just 2 minutes of it. After that, you're allowed to stop.

Reward: +10 XP

Level up: Did you secretly keep going? Then you earn +5 bonus XP.

🕒 Kraken Alert

Goal: Put your screen in another room for 30 minutes while you do your homework.

Reward: +15 XP

Level up: Did it feel calm? Try a whole hour.

🕒 Memory Missions

🕒 Grocery List Agent

Goal: Remember 5 things on the grocery list without writing them down. Then check how many you got right.

Reward: +15 XP

Level up: All five right? Try 6 next time.

🕒 The Number Chain

Goal: Have someone say a row of numbers and repeat it back. Start with 4 numbers and keep adding one until you get stuck.

Reward: +10 XP per record

Level up: Write down your record and beat it later.

🕒 Room Scan

Goal: Look around a room for 1 minute. Step outside and name 8 things you saw.

Reward: +15 XP

Level up: Too easy? Try 10 things, or a messier room.

🕒 Backward Memory

Goal: Remember 4 words, then say them in reverse order. (Tricky, agent!)

Reward: +20 XP

Level up: Nailed it? Try 5 words backward.

🕒 Team Missions (with a parent, brother or sister)

🕒 The Quiz Duel

Goal: You both make up a list of 5 things. Quiz each other. Who remembers more?

Reward: +10 XP

Level up: The winner gets to make a list of 6 next round.

⊙ Build-a-Chain

Goal: Take turns adding a word, and each time repeat the whole chain from the start. How long can you make it together?

Reward: +15 XP

Level up: Beat your longest chain ever, together.

⊙ Weekly Mission

⊙ Operation Keep Going

Goal: Do one focus session a day, 5 days in a row. Check a box each day: ☐ ☐ ☐ ☐ ☐

Reward: +30 XP + the "Iron Focus" badge

Level up: Made all 5? Go for two weeks in a row.

+ My XP Counter

XP collected: _____

My rank now: _____

(Keep track of your total in your Agent Logbook too, if you use it.)

That was Mission Pack #1.

Mission Pack #2 is on its way, agent, with new challenges and a new rank to earn. Check casakaya.nl/en/brain-bandits for new missions.